Gran Forest News

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Board Members 2003

Barbara Hayes - President	770.205.8228
Joe Perniciaro - VP	770.889.4625
Sam Wilson - Treasurer	770.781.9745
Eileen Knox - Secretary	678.947.0654
Mike Knox - Asst. Secretary	770.886.5311

Please welcome our new neighbors:

1725 Loblolly Lane - **The Fitzgerald Family**, Tim, Debbie and their 15-month-old daughter, Megan.

*If you have new neighbors or are new to the neighborhood, please contact any Board member, and the Welcoming Committee will ensure a Welcome Basket is delivered!

Committees for 2003... Thanks to all those who participated on committees for 2002! Everyone did a great job and the new Board would like you to stay involved for 2003... current committee members who don't wish to continue their role, or others interested in participating, please contact Barbara Hayes (770.205.8228). Gran Forest Committees include: ACC, Landscape, Newsletter, Social, Tennis/Pool and Welcome Committees.

Patriot Sanitation

For those of you who have not switched to Patriot Sanitation, it is not too late!! The greater percentage of residence with this service, THE LOWER EVERYONES monthly bill will be! It is a win-win for everyone. We feel Patriot has offered us a great deal and would like to see all of Gran Forest take advantage of it! For the many details, please call Patriot today and let them know you live in Gran Forest, 770-752-9430.

!!! ALTA !!!

Anyone interested in joining (or practicing) with an A-Level men's ALTA tennis team in the neighborhood, please contact Bruce Walters at 770-781-9699 or email at Brucewalters@adelphia.net

Heating Tips:

- * Set your thermostat as low as is comfortable.
- * Clean or replace filters on furnaces once a month or as
- * Use kitchen, bath, and other ventilating fans wisely; in just one 1 hour, these fans can pull out a houseful of warmed or cooled air.
- * Keep draperies and shades open on south-facing windows during the heating season to allow sunlight to enter your home; close them at night to reduce the chill you may feel from the cold windows.

Quote of the Month:

If you can find a path with no obstacles, it probably doesn't lead anywhere.

-Frank A. Clark

'Community Cop' Corner

Lets keep Gran Forest BEAUTIFUL! Take a look your home, does something need to be repaired, painted or touched up! Please be proactive to avoid those nasty letters from the Management Company!

Lets keep Gran Forest SAFE! Please slow down and stop at all the stop signs!

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A tid-bit of interesting neighborhood news...

Did you know that one of our neighbors has been chosen as Ambassador for the March of Dimes in Forsyth County?? His name is Ethan Law.

Did you know that Ethan was a preemie and that he spent the first three months and two days (aprox. 95 days) of his life in the hospital with his parents by his side as he struggled to live? He weighed 1lb 15 oz and was 14 inches long, just a little guy.

The Law family is so excited about this opportunity to help inform everyone about the hardships of premature babies and to help support such a worthwhile organization like the March of Dimes.

Many of our children have and will benefit from the necessary research the March of Dimes funds. So, please, contact the Law family if you would like to be a hero for our babies or would just like some information.

The March of Dimes walk in Forsyth County is March 29th at the Forsyth Central High School. Anyone is welcome to walk with the Law team, form your own team personally or through work, or sponsor the Law's as they walk for the March of Dimes. Please contact the Law family (Jeanne, Greg, Maura and Ethan Law) via phone at 770-889-3057 or email lawgime@att.net for more information.

Super Bowl Sunday Treat the whole family will love!

Mexican Two-Bean Chili 1 medium zucchini, coarsely chopped (about 1-1/4 cups)

1 can (15oz) black beans, drained and rinsed

1 can (15 ox) pinto beans, drained and rinsed

1 can (8-3/4 oz) whole kernel corn, drained

2 cans (14-1/2 oz each) chicken broth 1 jar (16oz) thick and chunky salsa (you pick the degree of hotness!)

1 can (8 oz) tomato sauce

3 cups shredded, cooked chicken (to make it easy, use a precooked roasting turnkey from Ingles)

1 garlic clove, pressed

1-1/2 - 2 tablespoons chili powder

1-teaspoon ground cumin

- 1) Chop zucchini using food processor. Drain and rinse beans in small colander, drain corn.
- Combine chicken broth, salsa and tomato sauce in 4qt. pan. Add zucchini, beans, corn, chicken, garlic, chili powder and cumin
- 3) Bring to boil; reduce heat and simmer 30 minutes
- 4) Ladle chili into soup bowls, top with desired toppings!

Enjoy!